

Ua Ib Tus Neeg Yus Muab Tswv Yim Pab Yus Tus Kheej (Becoming a Self-Advocate)
Lus Qhia Ua Ntej thiab Lus Piav Txog Qhov Kev Kawm

Zoo Siab Txais Tos Koj los Ua Ib Tus Neeg Yus Muab Tswv Yim Pab Yus Tus Kheej! Qhov kev kawm no muab faib uas 7 Nqe (Self-Paced Assignments):

- ❖ Cov Lus Siv thiab Lus Txhais
(Terms and Definitions)
- ❖ Tus Mob Xiam Oob Qhab thiab Cov Kev Pab
(Disability and Accommodations)
- ❖ Cov Hauj Lwm Hauv Lub Neej (Careers)
- ❖ Cov Cai Lij Choj (Laws)
- ❖ Kev Kawm Ntawv Tom Qab Kawm Tas High School
(School After High School)
- ❖ Tham Txog Tus Mob Xiam Oob Qhab (Talking About Disability)
- ❖ Cov Chaw Muaj Kev Pab (Resources)

Nco Cia!

Qhov kev kawm no yog tsim los pub rau koj nyeem ntawv raws li koj rab peev xwm ua tau nrawm los tau qeeb. Koj yeej rov qab mus saib tau koj cov ntawv yog hais tias koj xav rov qab mus saib seb yog li cas lawm.

Cov Lus Qhia txog qhov Yus Muab Tswv Yim Pab Yus Tus Kheej

Nyob zoo! Kuv yog Ms. Jordan, koj tus kws qhia ntawv thiab tus pab coj koj rau qhov kev kawm no! Cia peb mus saib kom thoob tshooj (chapter) no ua ke.

Koj npe hu li cas?

Thov siv me ntsis sij hawm saib qhov INCIGHT: daim video piav txog cov Kev Pab rau qhov Muab Lub Zog Rau Yus Tus Kheej (Resources for Self-Empowerment) hais txog qhov ntaus nqi (value) ntawm yus muab tswv yim pab yus tus kheej (self-advocacy).

Nias rau ntawm qhov txuas hauv qab no mus pib saib daim video:

<http://youtu.be/gC83P8h0Vdw>

Koj tus neeg muab kev pab txhawb koj yog leej twg?

Qhov muaj ib tus neeg uas koj mus muab tau tswv yim ntawm nws, tham txog koj tej teeb meem rau nws thiab nug nws txog tej lus uas koj muaj yog ib qho pab tau LOJ HEEV. Qhov tseeb, kev thov lwm tus pab yog ib tus cim qhia pom txog yus lub zog muaj rab peev xwm ua tau!

Xav txog tus neeg zoo tshaj plaws uas yuav pab tau koj rau qhov kev kawm no. Ib co piv txwv muaj xws li:

- ❖ Ib tus kws pab tswv yim (DVR ib tus kws pab tswv yim), tus tswj ntaub ntawv (case manager), tus khiav hauj lwm rau tib neeg (social worker), tus pab qhia tswv yim (guidance counselor), thiab lwm tus
- ❖ Ib tus kws qhia ntawv
- ❖ Ib leej niam los yog leej txiv los yog ib tus kwv tij/viv ncaus

Koj tus neeg muab kev pab txhawb koj yog leej twg? Qhia rau nws paub!

Ua ntej peb pib, siv sij hawm ob peb feeb los mus ua qhov “pretest.” Qhov no yuav tsis muaj muab qhab nias rau koj, tab sis nws yog ib qho pab tau koj kom paub txog cov tswv yim (ideas) thiab cov lus siv (terms) uas peb yuav tham nyob hauv qhov kev kawm no uas tej zaum koj twb paub lawm.

Qhov kev soj ntsuam ua ntej (pre-survey) yog ib qho ua kom paub seb dab tsi uas koj twb paub lawm hais txog qhov yus muab tswv yim pab yus tus kheej (self-advocacy). Thov tsis txhob saib cov ntawv kom thiaj teb tau lo lus nug kom “yog”, tsuas teb raws li koj paub xwb vim yuav tsis muaj muab qhab nias rau qhov no.

Nias rau ntawm qhov txuas hauv qab no thaum koj ua tiav qhov kev ntsuam xyuas ua ntej (pre-survey) lawm:

<https://svrirtc.instructure.com/courses/250296/assignments/2528080>

Nias rau ntawm qhov txuas hauv qab no kom rov qab mus rau ntawm phab home page:

<https://svrirtc.instructure.com/courses/250296>